



**K.R. MANGALAM UNIVERSITY**  
THE COMPLETE WORLD OF EDUCATION

# SCHOOL OF PHYSIOTHERAPY AND REHABILITATION SCIENCES

NEWSLETTER OCTOBER TO DECEMBER- 2025



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## FROM EDITOR'S DESK

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It gives us immense pleasure to present this special edition of the newsletter, a testament to the remarkable journey of the School of Physiotherapy and Rehabilitation Sciences. As the Event Coordinator and editor of this edition, I am proud to showcase the achievements, innovations, and impactful initiatives undertaken by our faculty and students.

This publication reflects our collective commitment to advancing the field of physiotherapy and rehabilitation sciences while fostering a culture of collaboration and excellence. I extend my heartfelt gratitude to everyone who contributed to this edition, making it a true celebration of our milestones.

**Dr. Mansi Dewan (P.T.)**

**Assistant Professor, SPRS**

## FROM EDITOR'S DESK

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It gives me immense pleasure to address all readers of our Quarterly Newsletter. This edition once again reflects the academic vibrancy, clinical excellence, and progressive outlook that define the School of Physiotherapy and Rehabilitation Sciences.

At IQAC, our continuous endeavour is to foster a culture of quality, accountability, and innovation in every academic and clinical activity. Over the past quarter, the School has demonstrated commendable commitment toward outcome-based education, skill-oriented training, interdisciplinary collaboration, and evidence-based practice. The active involvement of faculty and students in workshops, research initiatives, community outreach programs, and clinical skill development activities showcases our shared vision of academic excellence aligned with societal needs.

We are particularly proud of the consistent efforts made toward strengthening teaching–learning processes through structured feedback mechanisms, curriculum enrichment, and integration of emerging trends in rehabilitation sciences. Our focus remains on nurturing competent, ethical, and compassionate physiotherapy professionals equipped to meet global healthcare challenges.

I appreciate the dedication of our faculty, the enthusiasm of our students, and the support of all stakeholders in upholding quality benchmarks. Let us continue to work together towards innovation, inclusivity, and excellence in physiotherapy education and rehabilitation services.

**Dr. Shikha Dutt Sharma**

**Assistant Professor (Selection Grade), SOLA**

**IQAC Coordinator**

## MESSAGE FROM THE LEADERSHIP

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The field of physiotherapy has grown tremendously over the past years, and is emerging as one of the most promising healthcare profession.

It is heartening to see that the School of Physiotherapy and Rehabilitation Sciences is focusing both on academic excellence as well as a social connect with the community.

I am confident that the skills acquired by the students during these formative years would be utilised for the betterment of the society while ensuring success in their chosen profession.

I extend my congratulations and best wishes to the students and faculty of SPRS for their achievements.

**Prof. Raghuvir Singh**

**Vice Chancellor**

**K. R. Mangalam University**

## FROM THE DEAN'S DESK

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I am a firm believer that the training of a physiotherapist should reflect the principles of the profession- it should be holistic, hands-on and connected to the people. In this vein, we aim to ensure that the events and activities conducted at the School of Physiotherapy and Rehabilitation Sciences are integrated with our goals to train professionals and leaders of the future.

We integrate technology as well as social consciousness into the teaching learning process, focusing on holistic growth and learning experiences that encompass 'inside classroom' as well as 'outside classroom' learning. With the passion of the faculty and the enthusiasm of our students, we have taken strides in establishing academic rigour, skill-based education, clinical competence and personality building for all the students.

I look forward to continuing the efforts of bringing to the readers all our endeavours and welcome any feedback or suggestions.

Warm Regards

**Dr. Mamta Shankar (PT)**

**School Coordinator, SPRS**

# ABOUT SCHOOL

The School of Physiotherapy & Rehabilitation Sciences (SPRS) is dedicated to establishing a standard of professional education that promotes independent thought and a strong commitment to society. The school emphasises evidence-based practice to meet the population's needs with skilled, efficient, and accessible care. SPRS offers an undergraduate program, the Bachelor of Physiotherapy (BPT), with the goal of creating a skilled workforce of rehabilitation professionals to address society's healthcare needs. The school prioritises clinical training, evidence-based practice, and ethical values. The BPT course is designed to enhance clinical and diagnostic skills, foster research-oriented practices, and promote the learning of life skills essential for developing ethical, empathetic, and skilled physiotherapy professionals.

## **SCHOOL VISION AND MISSION**

### **Vision**

To be a premier institution reputed nationally for excellence in physiotherapy and rehabilitation education.

### **Mission**

**The mission of the School of Physiotherapy and Rehabilitation Sciences is to:**

- Impart evidence-based practical and hands-on learning.
- Focus on novel areas of research in physiotherapy, rehabilitation and interdisciplinary domains.
- Create a learning experience integrating advanced methods, techniques and technology in the field of physiotherapy and rehabilitation.
- Inculcate holistic education and entrepreneurial skills among students.



# EVENTS AT SPRS

## FIELD VISIT TO SPORTS INJURY CENTRE, SAFDARJUNG HOSPITAL

On 13 November 2025, BPT Third Year students from the School of Physiotherapy and Rehabilitation Sciences participated in an educational field visit to the Sports Injury Centre, Safdarjung Hospital, New Delhi. The visit was coordinated by Dr. Deepak Kumar (PT) and Dr. Pious Divya (PT), Assistant Professor, SPRS. The activity aimed to provide students with real-world exposure to advanced rehabilitation practices and was aligned with SDG Goal 3: Good Health and Well-Being.

The visit commenced with an orientation session conducted by Dr. Amit Kumar, HOD, Sports Injury Centre, who introduced students to the establishment, its services, and the objectives of the visit. Students were guided through various rehabilitation units, including sports rehabilitation, neuro-rehabilitation, musculoskeletal rehabilitation, and pediatric rehabilitation sections. During the tour, students observed modern rehabilitation technologies, therapeutic modalities, and patient management strategies used in sports physiotherapy.

The session provided insights into injury prevention, biomechanical assessment, rehabilitation protocols, and return-to-sport conditioning programs. Students also learned about the management of common sports injuries such as ligament sprains, muscle strains, tendinopathies, and post-surgical rehabilitation. Emphasis was placed on the multidisciplinary approach that integrates physiotherapy with orthopedics, sports medicine, and strength and conditioning.

The visit significantly enhanced students' clinical understanding and professional awareness. It helped them link theoretical concepts from subjects such as exercise therapy, electrotherapy, neurology, and orthopedics with real-world practice. Students also appreciated the importance of patient-centered care, communication skills, and evidence-based rehabilitation techniques.

Overall, the field visit was a valuable learning experience that motivated students to explore specialized physiotherapy domains, encouraged professional networking, and highlighted future opportunities in clinical practice, research, and advanced rehabilitation training.



Pic 1: Students using the equipment



Pic 2: Students attending demonstration of equipment

## FIELD VISIT TO BIOMED FACTORY, NAJAFGARH

On 21 November 2025, the School of Physiotherapy and Rehabilitation Sciences (SPRS) organized an educational field visit to the Biomed Factory, Najafgarh, Delhi for BPT 1st Year students. The visit was coordinated by Dr. Kangana (PT), Dr. Pious (PT), and Dr. Hemant (PT). A total of 41 students participated in the activity. The objective of the visit was to provide students with practical exposure to the manufacturing, calibration, and quality testing of physiotherapy equipment, thereby strengthening their understanding of theoretical concepts related to electrotherapy modalities.

During the visit, students were taken through different technical sections of the manufacturing unit, including component assembly, internal wiring, calibration laboratories, and safety compliance testing areas. Technical experts demonstrated the working principles and internal mechanisms of commonly used physiotherapy devices such as TENS units, Ultrasound therapy machines, Short Wave Diathermy (SWD) equipment, and muscle stimulators. They also explained the underlying physics of therapeutic

electrical currents, ultrasound waves, and electromagnetic fields, enabling students to relate classroom knowledge to real-world biomedical applications.

The session was interactive, allowing students to ask questions regarding device functioning, safety protocols, and technological advancements in the biomedical industry. The visit highlighted the importance of quality assurance, industry standards, and safe equipment design in delivering effective physiotherapy treatment.

This activity supported SDG 4 (Quality Education) by providing experiential learning opportunities and bridging the gap between theory and practice. It also aligned with SDG 9 (Industry, Innovation and Infrastructure) and SDG 3 (Good Health and Well-being) by promoting awareness of biomedical technologies and safe healthcare practices.

Overall, the visit enhanced students' foundational knowledge of electrotherapy equipment, encouraged curiosity about biomedical innovation, and opened avenues for future industry-academia collaboration, technical workshops, and research-oriented learning opportunities.



Pic 3: Demonstration of internal mechanism of electrotherapy modalities



Pic 4- Biomed representative explains about new modalities to students

## **CAPACITY BUILDING PROGRAMME ON: ENHANCING SOFT SKILLS FOR PERSONAL & PROFESSIONAL SUCCESS**

A five-day Capacity Building Programme titled “Enhancing Soft Skills for Personal & Professional Success” was organized by the School of Physiotherapy and Rehabilitation Sciences (SPRS), K.R. Mangalam University, from 16th to 22nd December 2025 at B-301, K.R. Mangalam University, Sohna Road, Gurugram. The event was coordinated by Dr. Ankita Samuel (PT) and Dr. Shweta Kumar (PT), Assistant Professors, SPRS. The resource persons included Ms. Sonam Yadav (Trainer, K.R. Mangalam University), Dr. Kirti (Lead – MAIINS & Rehab, Morengo Asis Hospital), and Dr. Nidhi (Business Head and Founder, Beyond Age).

The programme aimed to enhance students’ soft skills essential for academic success, clinical readiness, and professional development in healthcare. It was conducted through interactive lectures, demonstrations, group activities, reflective discussions, and practice-based exercises. Key topics included CV writing, professional behaviour, personal effectiveness, leadership, and preparation for entrance examinations and interviews.

Students were guided on designing professional CVs that effectively highlight academic achievements, clinical

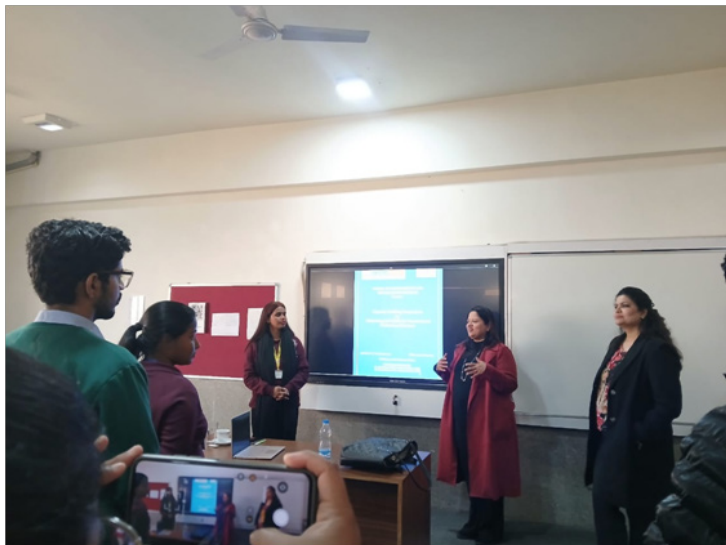
exposure, and relevant skills. Sessions on professional behaviour emphasized ethics, punctuality, confidentiality, respect for patients, and adherence to institutional norms. Activities on personal effectiveness focused on self-awareness, goal setting, time management, stress management, and teamwork, which are essential for functioning in multidisciplinary healthcare environments.

A dedicated session titled “From Student to Healthcare Professional” helped students understand professional identity, clinical responsibility, and patient-centred care. The programme concluded with mock entrance tests and simulated interviews, where participants received constructive feedback on communication, confidence, body language, and clarity of expression.

The programme primarily supported SDG 4 (Quality Education) and SDG 3 (Good Health and Well-being) by strengthening employability skills and promoting patient-centred healthcare practices. Overall, the initiative improved students’ confidence, communication abilities, and readiness for clinical and professional roles.



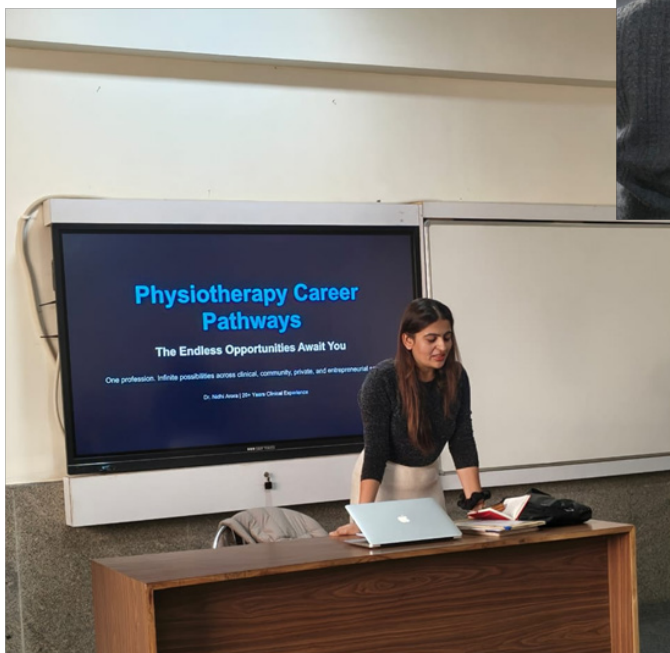
**Pic 5: Capacity Building Session for final year BPT students**



Pic 6: Introduction to the session



Pic 7: Resource person taking the students through career options



Pic 8: Resource person briefing the students



Pic 9: Felicitation of the resource person

## TRAINING SESSION ON PROFESSIONAL ETHICS FOR EDUCATORS AND STAFF SCHOOL OF PHYSIOTHERAPY AND REHABILITATION SCIENCES

A Training Session on “Professional Ethics for Educators” was organized by the School of Physiotherapy and Rehabilitation Sciences (SPRS) on 5th November 2025 at Room B-313, SPRS, K.R. Mangalam University. The event was coordinated by Dr. Sumit Kalra (PT) and Dr. Kangana Juneja Kansal (PT).

The resource person for the session was Dr. Deepak Malhotra (PT) from the Department of Physiotherapy, School of Allied Health Sciences & Research, Jamia Hamdard University, New Delhi. The objective of the training was to enhance faculty members’ understanding of ethical principles, professional conduct, and value-based education in physiotherapy teaching and practice.

During the session, Dr. Malhotra delivered an informative presentation focusing on ethical decision-making, professional responsibilities, and the distinction between values and ethics in healthcare education. He shared practical examples and real-life scenarios to help participants understand how ethical principles apply to everyday academic and clinical responsibilities. The interactive nature

of the session encouraged faculty members to participate actively, share perspectives, and discuss ethical challenges encountered in teaching and professional practice.

The programme aligned with SDG 4 (Quality Education) by promoting academic integrity and responsible teaching practices. It also supported SDG 16 (Peace, Justice and Strong Institutions) by encouraging transparency, accountability, and ethical decision-making in educational settings, and SDG 3 (Good Health and Well-being) by reinforcing ethical physiotherapy practices that ensure patient safety and quality healthcare delivery.

Overall, the session enhanced participants’ awareness of professional ethics, encouraged self-reflection, and reinforced the importance of integrating ethical principles into teaching methodologies and institutional culture. Future initiatives may include workshops and policy development related to academic integrity and ethical professional conduct.



Pic 10: Introduction to the session



Pic 11: Resource Person Dr. Deepak Malhotra (PT) addressing the faculty members



Pic 12: Felicitation of the resource person

## **CAPACITY BUILDING PROGRAM, TECHNICAL SKILL DEVELOPMENT AND THE FUTURE SCOPE OF NAVIGATING THE NEW ERA OF INNOVATION AND TECHNOLOGY**

A five-day Capacity Building Programme titled “Technical Skill Development and the Future Scope of Navigating the New Era of Innovation and Technology” was organized by the School of Physiotherapy and Rehabilitation Sciences (SPRS), K.R. Mangalam University, from 10th to 14th November 2025. The event was coordinated by Dr. Ankita Samuel (PT), Dr. Sampada S. Jahagirdar (PT), and Dr. Epshita Kakati (PT). Resource persons included Dr. Surya Mani (PT), Dr. Narender Yadav, Dr. Bharat Bhardwaj (PT), Dr. Sandeep Chauhan, and Dr. Sampada S. Jahagirdar (PT).

The programme aimed to enhance students’ technical knowledge and prepare them for future technological advancements in physiotherapy practice. Sessions focused on three core pillars: Technical Skill Development & Innovation, Future Scope & Data-Driven Practice, and Professional & Entrepreneurial Skills.

Students were introduced to emerging technologies such as telerehabilitation, wearable technology, robotics, virtual and augmented reality, and advanced therapeutic

modalities like High-Intensity Laser Therapy and Shockwave Therapy. The programme also explored Artificial Intelligence and Machine Learning in physiotherapy, emphasizing data-driven clinical decision-making, ethical considerations, and personalized rehabilitation approaches.

In addition, the programme addressed evidence-based practice, research skills, intellectual property rights (IPR), and patent drafting, encouraging students to develop innovative thinking. A poster presentation titled “Innovate Physiotherapy: Designing Tomorrow’s Smart Rehab Solutions” allowed students to apply their learning creatively.

The programme aligned with SDG 9 (Industry, Innovation and Infrastructure) by preparing students for technology-enabled healthcare practices. Overall, the initiative enhanced students’ awareness of modern rehabilitation technologies, strengthened their clinical reasoning, and motivated them to adopt innovation, research, and entrepreneurship in physiotherapy practice.



Pic 13: Introduction of students to Health 5.0



Pic 14: Resource Person Dr. Surya Mani interacting with students



Pic 15: Resource Person Dr. Narender telling students about IPR



Pic 16: Students engaging in Poster making activity for innovation

## TRAINING SESSION ON SENSITIZATION OF STUDENTS ON INCLUSIVITY-FROM AWARENESS TO ACTION: TRAINING FOR INCLUSIVE EDUCATION

A Training Session titled “Sensitization of Students on Inclusivity – From Awareness to Action” was organized by the School of Physiotherapy and Rehabilitation Sciences (SPRS) on 20 November 2025 at the Multipurpose Hall. The event was coordinated by Dr. Barnali Bhattacharjee (PT), Dr. Kangana Juneja (PT), and Dr. Deepak Kumar (PT). The resource person for the session was Dr. Shobhna Jeet from the School of Liberal Studies (SOLS).

The objective of the training was to create awareness among students about the importance of inclusive practices in education and healthcare, encouraging empathy, respect, and equal opportunities for individuals from diverse backgrounds and abilities. The initiative aligned with SDG 4 (Quality Education) by promoting inclusive learning environments and SDG 10 (Reduced Inequalities) by emphasizing equitable and respectful professional practices.

The session began with a welcome address by Dr. Barnali Bhattacharjee, highlighting the importance of inclusivity

in healthcare education and its role in delivering patient-centered care. This was followed by an interactive session led by Dr. Shobhna Jeet, which included an overview of inclusive education concepts, real-world examples from healthcare settings, and scenario-based discussions on inclusive classroom and clinical practices. Students also participated in group activities, reflection exercises, and discussions on biases, stereotypes, and barriers to inclusivity.

The session enhanced students’ understanding of inclusivity, improved their sensitivity and empathy towards diverse individuals, and encouraged respectful communication. Participants also learned practical strategies to promote inclusive practices in academic and clinical environments.

Overall, the training strengthened students’ readiness to foster inclusive, respectful, and equitable healthcare practices in their future professional roles.



Pic 17: Resource Person Dr. Shobhna Jeet explaining the importance of the session



Pic 18: Interactive session with students



Pic 19: Students performing a skit on Inclusivity

## ENHANCING EDUCATIONAL QUALITY IN TEACHING AND LEARNING IN COLLABORATION WITH IQAC, KRMU AND DPSRU

The Expert Talk on “Enhancing Educational Quality in Teaching and Learning” was organized by the School of Physiotherapy and Rehabilitation Sciences on 01 December 2025 at the Multipurpose Hall, A-Block, KRMU. The resource person for the event was Dr. Jitender Munjal (PT), Assistant Professor, Delhi Institute of Pharmaceutical Sciences and Research University, New Delhi. The event was coordinated by Dr. Mansi Dewan (PT), Dr. Pious Divya (PT), and Dr. Barnali Bhattacharjee (PT).

The session focused on the importance of improving educational quality in contemporary teaching–learning environments. It highlighted how quality education promotes not only knowledge acquisition but also critical thinking, creativity, problem-solving abilities, and lifelong learning. The talk was aligned with SDG-4, which emphasizes inclusive and equitable quality education.

The methodology adopted for the session was structured and interactive. The event began with a welcome address and introduction of the resource person. Dr. Munjal delivered

the lecture using PowerPoint presentations, real-life examples, and case-based discussions to make the concepts practical and relatable. He emphasized modern pedagogical approaches such as blended learning, outcome-based education, flipped classrooms, and formative assessment techniques. The lecture encouraged active participation through reflective questions, discussions, and collaborative activities involving both faculty and students.

Participants discussed classroom challenges, effective teaching strategies, and the characteristics of an ideal learning environment. The session concluded with an interactive question–answer segment, followed by a summary of key insights and a vote of thanks.

Overall, the event enhanced awareness of modern teaching practices, strengthened teacher–student collaboration, and motivated participants to adopt innovative strategies for improving educational quality and learning outcomes. It also highlighted future opportunities for integrating technology, faculty development programs, and continuous quality improvement in academic settings.



Pic 20: Resource Person Dr. Munjal delivering the session



Pic 21: Resource Person Dr. Munjal with faculty and students

## INNOVATE TO EVALUATE- AN INTER UNIVERSITY COMPETITION: EQUIPMENT MAKING COMPETITION

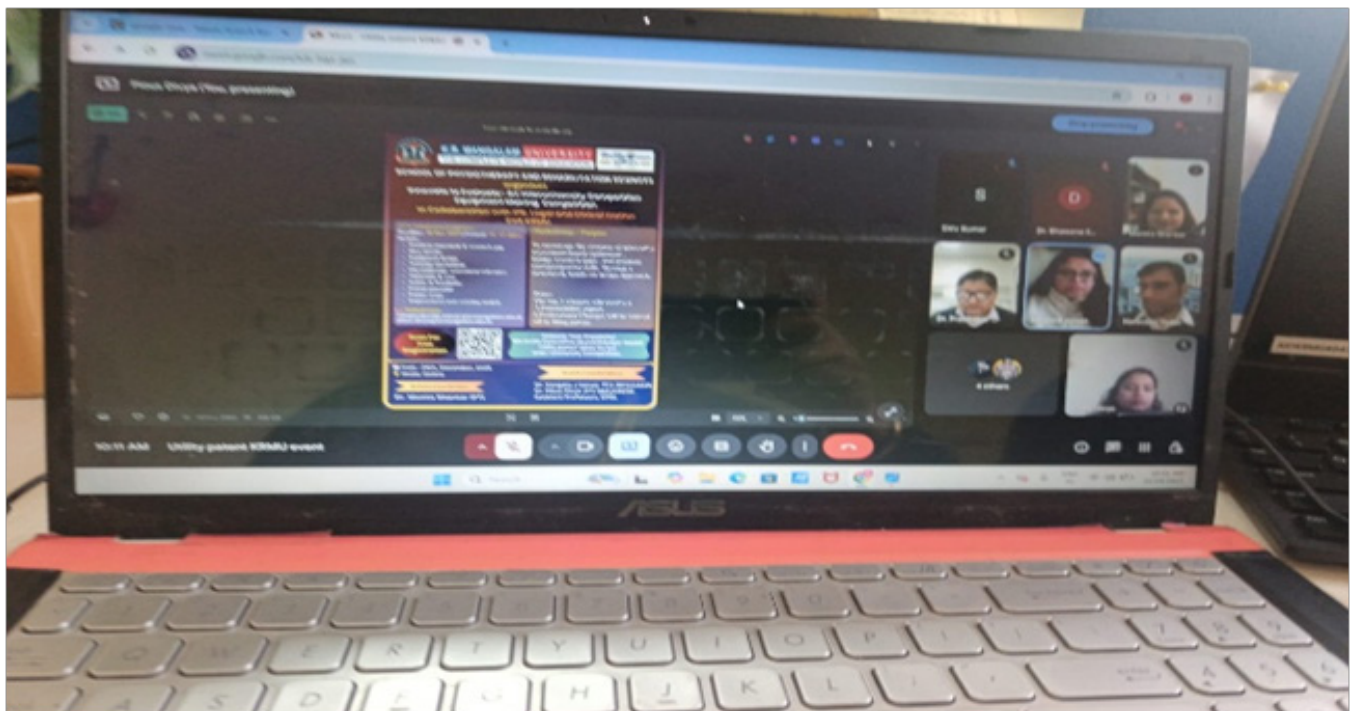
The School of Physiotherapy and Rehabilitation Sciences (SPRS), K.R. Mangalam University, in collaboration with the IPR Cell, successfully organized an Inter-University Competition titled “Innovate to Evaluate – Equipment Making Competition” on 24th December 2025 in online mode. The event aimed to encourage innovation, creativity, research-oriented thinking, and entrepreneurial skills among physiotherapy students through the conceptualization and design of assessment-based physiotherapy equipment.

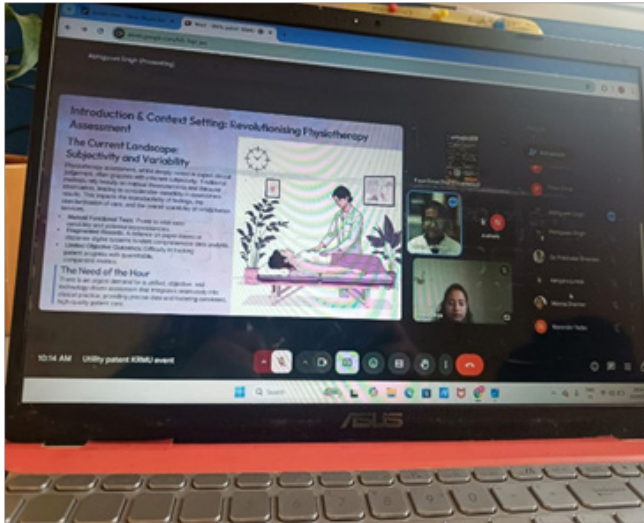
The competition witnessed active participation from 14 students forming 5 teams representing different institutions, including K.R. Mangalam University, Gurugram University, and ITS. Participants presented innovative concepts for physiotherapy assessment tools, highlighting aspects such as clinical relevance, novelty, feasibility, cost-effectiveness, and practical application in rehabilitation. The presentations were delivered according to a predefined schedule, and all participants followed the submission guidelines effectively.

The event was coordinated by Dr. Kangana (PT) and Dr. Pious Divya (PT), Assistant Professors, SPRS. The evaluation was conducted by a panel of distinguished judges: Dr.

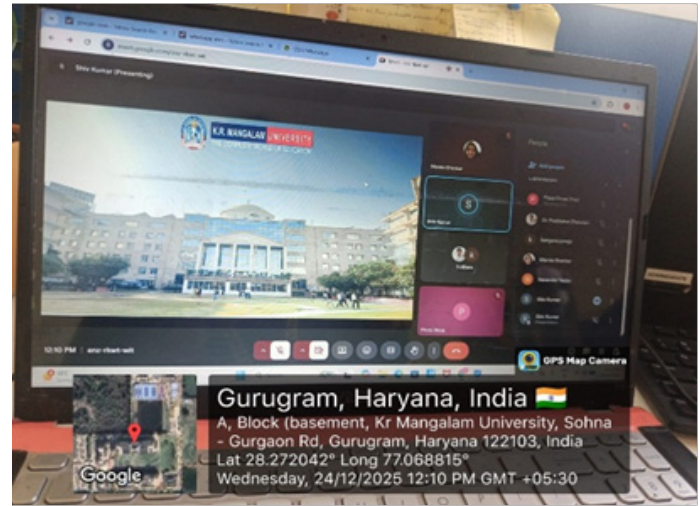
Narender Yadav (IP Facilitator, IPR Cell, KRMU), Dr. Prabhakar Bhandari (Research Finance Officer, Research and Development Cell, KRMU), and Dr. Mamta Shankar (PT), School Coordinator, SPRS. Each judge independently assessed the teams based on criteria including innovation and originality, assessment relevance, scientific rationale, feasibility, clinical applicability, and presentation clarity. Marks were awarded out of 100 by each judge, with a total maximum score of 300. Based on cumulative scores, three winners were declared.

The competition aligned with SDG-3: Good Health and Well-Being, encouraging the development of innovative physiotherapy assessment tools that support early diagnosis, accurate clinical evaluation, and effective rehabilitation planning. The event enhanced students’ understanding of research-driven innovation, promoted inter-university academic interaction, and fostered analytical and entrepreneurial thinking. The ideas generated also hold potential for development into prototypes, patents, and interdisciplinary research collaborations in the future.





Pic 22: Inaugural session of the online event.



Pic 23: Student presenting his innovative idea during the event

## ON FIELD STRENGTH AND ENDURANCE TESTING- “THE STAMINA SHOWDOWN”

### AN INTERUNIVERSITY SPORTS COMPETITION

The School of Physiotherapy and Rehabilitation Sciences organized an inter-university fitness competition titled “On Field Strength and Endurance Testing – The Stamina Showdown” on 6th and 7th November 2025 at the Basketball Court, K.R. Mangalam University from 9:30 AM onwards. The event aimed to assess and enhance the strength, stamina, and endurance of university students through a structured fitness circuit. A total of 35 students from various universities participated in the competition over two days.

The event consisted of a four-part fitness circuit, including the Illinois Agility Test, Lunges Walk with Dumbbells, Sack Throw with Medicine Ball (10 repetitions), and Modified Burpees for 10 seconds. Participants were evaluated based on the time taken to complete the circuit. To ensure fairness, 2 seconds were added to the total time for each mistake, and five mistakes resulted in disqualification. The participant completing the circuit in the least time was declared the winner.

On Day 1, 19 participants competed. The winners were Karan Shah (Ch. Ranjit Singh Institute of Engineering, Jhajjar) securing first place, Ajay Kumar (Deen Bandhu Chotu Ram University of Science and Technology) in second place, and Akil (K.R. Mangalam University) in third place. On Day 2, 16 participants competed, with Akshat Gupta (K.R. Mangalam University) securing first position, Shreyansh Aggarwal (PIET, Panipat) second, and Aditya Khatana (B.M. Institute of Engineering & Technology, Sonipat) third. Winners received cash prizes and certificates.

A dedicated physiotherapy team ensured safety and injury management throughout the event. The competition successfully promoted fitness awareness, endurance development, sportsmanship, and healthy competition among students. Coordinated by Dr. Deepak Kumar, Dr. Hemant Dagar, Dr. Shweta Kumar, and Dr. Kangana J. Kansal, the event also fostered inter-institutional interaction and highlighted opportunities for future collaboration in sports science, physiotherapy, and performance research.



Pic 24: Agility Drill



Pic 25: Prize distribution by Mr. Puneet Kumar, Sports Director (KRMU)



Pic 26: Event Coordinators with student volunteers

# COLLABORATIONS

We are pleased to share that two MOUs were signed between K.R. Mangalam University, School of Physiotherapy and Rehabilitation Sciences and Neuro and Spine Rehabilitation Centre, Target Walk, Sec 52 Gurugram and Cogniable Centre, Sec 46, Gurugram on 12th Nov, 2025. Through this the students will get opportunities to apply theoretical knowledge to real patient care, improving clinical reasoning, assessment, and treatment skills.



Pic 27: MOU signing with Target Walk



Pic 28: MOU signing with Cogniable

# RESEARCH AND INNOVATION

Dr. Barnali Bhattacharjee (PT), Associate Professor, SPRS published a journal article titled "The Role of Physiotherapy in Cardiopulmonary Rehabilitation for COVID patients" in American Journal of Psychiatric Rehab in Oct, 2025- Scopus Q4.



Pic 29: Research Article Publication

# STUDENTS' ACHIEVEMENTS

Students from School of Physiotherapy and Rehabilitation Sciences participated in THERA-CONNECT 2k25, and International Conference organized by Department of Physiotherapy of SGT University from 13th-14th Oct, 2025.

Ritika Kinra from BPT Second year won first prize in scientific poster presentation and Tulsi Jaiswal from BPT Final year won second prize in scientific paper presentation.



Pic 29: Ritika Kinra (BPT 2nd year) wins First Prize in UG Poster Presentation



Pic 30: Tulsi Jaiswal (BPT Final year) wins 2nd prize in UG Paper Presentation

# FACULTY ACHIEVEMENTS

Faculty members from School of Physiotherapy and Rehabilitation Sciences won several awards at THERA-CONNECT 2k25, and International Conference organized by Department of Physiotherapy of SGT University from 13th-14th Oct, 2025. Dr. Barnali Bhattacharjee (PT), Associate Professor, SPRS won Academic Excellence Award. Dr. Ankita Samuel (PT), Assistant Professor, Selection Grade won first prize in scientific paper presentation and Emerging Scholar Award.



Pic 31: Dr. Barnali wins Academic Excellence Award



Pic 32: Dr. Ankita won 1st prize in paper presentation and received Emerging Scholar Award

# STUDENTS' CORNER

## A JOURNEY FOR A LIFETIME

The Global Immersion Programme in London was an experience that beautifully blended learning, exploration, and personal growth. Centered around sustainability, the programme offered fresh perspectives on how innovation and responsible practices can shape the future. Each session felt insightful yet engaging, making complex ideas feel practical and inspiring.

Beyond academics, the journey was filled with vibrant experiences. From trying diverse cuisines to exploring charming streets and iconic spots, every day brought something new. The city's ever-changing weather added its own character—sunny mornings, breezy afternoons, and cozy evenings—each contributing to the unique London vibe.

One of the most enriching aspects was connecting with people from different backgrounds. Conversations, shared

laughter, and exchanging ideas made the experience more meaningful and memorable. It wasn't just about visiting a new place; it was about understanding different perspectives and building global connections.

The balance between structured learning and spontaneous exploration made the programme truly special. Whether it was discovering hidden cafés, walking through historic streets, or simply soaking in the atmosphere, every moment felt worthwhile.

This journey was more than just a trip—it was an opportunity to grow, reflect, and be inspired. London, with its dynamic energy and cultural richness, made the experience unforgettable, leaving behind memories, lessons, and a renewed sense of curiosity for the world.





Pic 33: Brahmleen with the students of KRMU during Global Immersion Programme



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