



K.R. MANGALAM UNIVERSITY
THE COMPLETE WORLD OF EDUCATION

विकसित भारत
अभियान
1947 TO 2047



SCHOOL OF EDUCATION

Organizes

Life Skills Training Programme

on

**“BOOSTING IMMUNITY: SIMPLE DAILY
HABITS FOR A HEALTHIER LIFE”**

Date: 23 January 2025



Expert of the Session

Venue: A210

Time: 11:00 a.m. Onwards

Prof. (Dr.) Harish Tyagi

Head, Faculty of Education, Head AIBAS, Head ASPESS, Chairman Faculty
Research Committee-Education, Amity University, NOIDA, Uttar Pradesh

Convener

Prof. (Dr.) Tania Gupta,
Dean, School of Education (SOED),
K.R. Mangalam University

Faculty Coordinator

Dr. Kanchan Khatreja,
Assistant Professor, School of Education
(SOED), K.R. Mangalam University

Student Coordinators

Ritika & Tanushri
Student teacher, B.El.Ed. Semester -IV
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